



Choose the Child, LLC

Thank you for your interest in the Monthly Lesson we are offering for you to use in your home or classroom.

Each month, we will provide a **FREE** Lesson focusing on a **USCCB Respect Life** topic.

Our Footprints for Life Program is a comprehensive supplement that educates children on ALL life issues and how they can make a difference.

For more information on our complete program, please visit <http://www.choosethechild.com/footprints-for-life-and-more.php>

If you have any questions, please contact **Natasia Kissinger** at ntkissinger@choosethechild.com or **504-339-5384**.

Empowering & Educating Children to Change the Culture

A Culture of Life Program

Natasia T. Kissinger

February: Pure Love – It’s God’s Love

Our bodies are Temples of the Holy Spirit and should be respected.

Materials:

Kindergarten – 5th Grade – Heart Project: copy of large heart for each student (Appendix A), markers, crayons and any other art supplies to decorate the heart

6th Grade and Older – Purity Commitment Cards: copy of card for each student (Appendix A)

Optional Websites: PureLoveClub.com, LoveMatters.com (pro-life celebrities), LifeAthletes.org

Discussion Prompt

God gave each of us certain gifts and talents. We need to believe in ourselves and know that God is always with us to help us make good choices. Many times we make bad choices because we lack belief in ourselves. It is important that we realize the value of our lives and those of our friends. God created us to eventually be with Him in heaven. He lives in each of us and we are called to show respect to ourselves. God created each one of us for His purpose. Our bodies are temples of the Holy Spirit. God lives inside each of us. Whenever we make a bad choice, we not only hurt ourselves, but we also hurt God.

6th Grade and Older Additional Discussion Prompt

Every single person is created in the image of God and is a temple of the Holy Spirit. We need to honor God by dressing respectfully and respecting members of the opposite gender. We are called to help others get to heaven, and we can do this by respecting them. God created you for a vocation – to be a wife, husband, single person, or in a religious order. He created us with a pure heart and soul so that we may fill that vocation responsibly. It is our responsibility to remain pure in our thoughts, words, and actions. “Choosing Chastity” is saying “YES” to God and your future spouse. It doesn’t matter how many “Likes” we get in this world and on social media. What matters is how much “LOVE” we will receive from God, our future spouse and relationships by choosing chastity.

Discussion Questions

- How can we treat our bodies with respect?
- What are some things that are harmful to us?
- How can we show respect for ourselves? Others?
- Why do we make bad choices at times? Does God still love us? What can we learn from these choices?
- How can we live according to God’s will? Continually pray and ask God to show you who He created you to be
- Why is it important to believe in ourselves? God created each of us and He does not make mistakes

6th Grade and Older Additional Discussion Questions

- Discuss harmful effects of looking at inappropriate pictures, engaging in inappropriate acts, etc.

- How do you feel or think you would feel if you looked at inappropriate pictures or participated in inappropriate activities?
- Possibly discuss chastity further (when dating make good choices – always have adult around, pray for your relationship, no harmful substances)
- What vocation do you think that God may be calling you to?
- How can your choices today and in the next few years effect that vocation?

Activities

Kindergarten – 5th Grade: Heart Project

- Encourage the students to think of at least 3 things that they like/love about themselves. Create a heart with these 3 things displayed inside. They can color and be as creative as allowed.
- *Suggestion: Give the heart to their parents to thank them for the gift of life and their special gifts given to them by God.*
- Have the students share their gifts with the class.
- Ask the students what do they think God has planned for their life to use their gifts?

6th Grade and Older: Purity for a Purpose Cards

- Discuss the meaning of the card with the students. Help them realize that this is an important commitment. This is not something that you should be taken lightly. Have the students read and sign the cards. They may keep these for themselves. Encourage the students to share these with their parents.
- Remind them that through prayer, God will help them live a life of purity.

Additional Activity

- Have the students bring in wedding dresses to be donated to Compassionate Burial of Indigent Babies (cbibabies.org). This is a local organization. The wedding gowns will be used to make burial gowns for the sweet babies that were stillborn, miscarried or in some cases, aborted.

Lesson Plan Closing Prayer

Glory Be

Spiritual Works of Mercy & Corporal Works of Mercy

Ideas Available. Simply contact Natasia Kissinger at ntkissinger@gmail.com

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