



Choose the Child, LLC

Thank you for your interest in the Monthly Lesson we are offering for you to use in your home or classroom.

Each month, we will provide a **FREE** Lesson focusing on a **USCCB Respect Life** topic.

Our Footprints for Life Program is a comprehensive supplement that educates children on ALL life issues and how they can make a difference.

For more information on our complete program, please visit <http://www.choosethechild.com/footprints-for-life-and-more.php>

If you have any questions, please contact **Natasia Kissinger** at ntkissinger@choosethechild.com or **504-339-5384**.

Empowering & Educating Children to Change the Culture

A Culture of Life Program

Natasia T. Kissinger

March: Elderly & Disabled – Lives that Shouldn't be Labeled

All life is valuable until natural death.

Materials:

All Grades – Blindfold Activity: 1-2 scarves or handkerchiefs

All Grades – Grandparent Letter: copy of blank letter template (Appendix A), or you can go to a local Dollar Tree store and purchase a pack of blank cards.

Discussion Prompts & Questions

Discussion about Disabilities

- Discuss the differences we notice in others - even our family members (hair, eyes, age, personalities, strengths, weaknesses, etc)
 - Do these differences make us less valuable? Why or why not?
 - Ask if the students know someone with a disability? What is their disability? How have they overcome this disability?
 - What are some other disabilities that people may have?
 - Are these people less valuable?
 - What are some of their strengths?
 - Do we have the right to end his life because of the disability? No, only God can create a life and take a life.
 - How can we help the disabled in our community?

Discussion about the Elderly

- How do the elderly (grandparents) help us? Why are they valuable?
 - They can love us and pray for us. The times they lived in are different than ours; therefore, they give us a glimpse of history as they remember it. Life and the way of living was much different when they were your age. Many times they have a different perspective on life because of lessons they learned from choices they have made over the years. Spending time with the elderly is valuable because they are full of history, but may lose some memory as they age.
- What can we do to reach out to the elderly? Ideas – Spend time with your grandparent, adopt a grandparent in a retirement home in your community. Pray for the elderly, visit with them, let them know how much you value them and what they have contributed to the world with their gifts and talents.

Activities

All Grades: Blindfold Activity

- Put the blindfold over a student's eyes. Have another student lead him/her. Have the blindfolded student attempt to do different activities (ie, write, tie his/her shoe, shake someone's hand). Try it with several different students. Have each student pay attention to how they feel, what they think they can still do with that disability, etc.
- Blindfold Activity Discussions
 - How did it feel to be blindfolded and led by someone else?
 - Was he/she any less valuable because they couldn't see?
 - How did it feel leading that person?
 - Have students list/discuss ways that they can help the disabled and the elderly.
 - Discuss the ways that many people overcome their disability.

All Grades: Grandparent Letter

- Have each student write a letter to their grandparent, an elderly person or someone they know who is disabled. Encourage the students to thank these people for things they have done for them and let them know how much they love them and appreciate them. They can also write a prayer for this person and include it.

Additional Activity: Visit Elderly or Disabled Home

- Encourage the students to visit their grandparents, a nursing home, a home for the disabled or a hospital. They can assist the elderly or disabled in some way. For example, students may do some chores with them, pray with them, share stories with each other, etc.

Closing Prayer:

Glory Be

Spiritual Works of Mercy & Corporal Works of Mercy:

Ideas Available. Simply contact Natasia Kissinger at ntkissinger@gmail.com

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March

Letter to Grandparents or Mentor

