



Choose the Child, LLC

Thank you for your interest in the Monthly Lesson we are offering for you to use in your home or classroom.

Our Footprints for Life Program is a comprehensive supplement that educates children on all USCCB life issues and how they can make a difference.

This lesson is part of our February lesson in the Footprints for Life Program.

For more information on our complete program, please visit <http://www.choosethechild.com/footprints-for-life-and-more.php>

If you have any questions, please contact Natasia Kissinger at ntkissinger@gmail.com or 504-339-5384.

Cultivating a Culture of Life in Our Children

A Culture of Life Program

Natasia T. Kissinger

February: Pure Love – It's God's Love

Our bodies are Temples of the Holy Spirit and should be respected.

Materials:

Kindergarten – 5th Grade – Heart Project: copy of large heart for each student (Appendix A), markers, crayons and any other art supplies to decorate the heart

6th Grade and Older – Purity Commitment Cards: copy of card for each student (Appendix A)

Discussion Prompt

God created each of us in His image and likeness. He gave each of us certain gifts and talents to use for His purpose. We need to believe in ourselves and know that God is always with us to help us make good choices. Many times we make bad choices because we lack belief in ourselves. It is important that we realize the value of our lives and those of our friends. God created us to eventually be with Him in heaven. He lives in each of us and we are called to show respect to ourselves. God created each one of us for His purpose -to serve Him and others. Our bodies are temples of the Holy Spirit. God lives inside each of us. Whenever we make a bad choice, we not only hurt ourselves, but we also hurt God.

6th Grade and Older Additional Discussion Prompt

Every single person is created in the image of God and is a temple of the Holy Spirit. We need to honor God by dressing respectfully and respecting members of the opposite gender. We are called to help others get to heaven, and we can do this by respecting them. God created you for a vocation – to be a wife, husband, single person, or in a religious order. He created us with a pure heart and soul so that we may fill that vocation responsibly. It is our responsibility to remain pure in our thoughts, words, and actions. It doesn't matter how many "Likes" we get in this world and on social media. What matters is how much "LOVE" we will receive from God, our future spouse and relationships by choosing chastity. The gift of ourselves is the greatest gift we can give our spouses.

Discussion Questions

- Read and discuss Genesis 1:26-27
- What are some of your gifts and talents? What do you think God's purpose for you may be?
- How can we live according to God's will? Continually pray and ask God to show you who He created you to be.
- What are some things that are harmful to us?
- How can we show respect for ourselves? Others?

6th Grade and Older Additional Discussion Questions

- Discuss harmful effects of looking at inappropriate pictures, engaging in inappropriate acts, etc.
- How do you feel or think you would feel if you looked at inappropriate pictures or participated in inappropriate activities? How does looking at them dehumanize/objectify them?

Activities

Kindergarten – 5th Grade: Heart Project

- Encourage the students to think of at least 3 things that they love about themselves and at least 3 talents they possess. Let them know that these traits and talents were given to them by God to serve Him. Create a heart with these things displayed inside. They can color and be as creative as allowed.
- *Suggestion: Give the heart to their parents to thank them for the gift of life and their special gifts given to them by God.*
- Have the students share their gifts with the class.
- Ask the students what they think God's purpose for their life may be using their gifts if you haven't discussed this already.

6th Grade and Older: Purity for a Purpose Cards

- Discuss the meaning of the card with the students. Help them realize that this is an important commitment. This is not something that you should be taken lightly. This is a commitment that they are making to God and themselves. Have the students read and sign the cards. They may keep these for themselves. Encourage the students to share these with their parents.
- Remind them that through prayer, God will help them live a life of purity.

Closing Prayer

Glory Be

Spiritual Works of Mercy & Corporal Works of Mercy

Ideas Available. Simply contact Natasia Kissinger at ntkissinger@gmail.com

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Purity for a Purpose Cards

<p style="text-align: center;">Commitment to Living Pure</p> <p style="text-align: center;">I, _____, believe that my life is a gift from God. Today I am making a promise to myself, my community & to God that I will respect my body and others. I will live a life of purity in heart, mind and body as God intended.</p> <p style="text-align: center;">_____ _____ Date Signature</p> <p style="text-align: center;"><i>Blessed are the pure in heart, for they will see God. Matt. 5:8</i></p>	<p style="text-align: center;">Commitment to Living Pure</p> <p style="text-align: center;">I, _____, believe that my life is a gift from God. Today I am making a promise to myself, my community & to God that I will respect my body and others. I will live a life of purity in heart, mind and body as God intended.</p> <p style="text-align: center;">_____ _____ Date Signature</p> <p style="text-align: center;"><i>Blessed are the pure in heart, for they will see God. Matt. 5:8</i></p>
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